



LOUGHBOROUGH Grammar School

Policy Title: Relationships and Sex Education Policy

Version Number: 4

Approved By: HMF

Date Approved: Jan 2021

Date for Review: Jan 2022

Point of Contact (Reviewer): Richard Ward, Claire Livingstone

Relationships and Sex Education (RSE) forms an integral part of our personal and social development. Good RSE will help pupils navigate the physical, emotional, and social changes of puberty and later adolescence in an atmosphere of trust. Sex education should encourage the exploration of values and moral issues, also the consideration of sexuality and personal relationships. In accordance with the School's Mission Statement RSE aims to help the students become "citizens of integrity and judgement, respectful of others"; to that end, RSE must foster self-esteem, self-awareness, a sense of moral responsibility, and the skills to avoid and resist unwanted sexual experience.

All youngsters have sexual knowledge of their own; but what they pick up from the media and their peer culture is often confusing, misunderstood and wrong, these cultures also mirror and parody the adult world in sexual relations in terms of sexism, prejudice, and discrimination. RSE must provide accurate knowledge and give youngsters the space within which to discuss their fears and misunderstandings, and to challenge and question the norms of their own peer group.

The Department for Education introduced compulsory Relationships Education for primary pupils and Relationships and Sex Education (RSE) for secondary pupils from September 2020. This policy is written with those guidelines:

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships Education Relationships and Sex Education RSE and Health Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

In accordance with statutory guidance Loughborough Grammar School aims to provide students with clear, impartial information about sex, while promoting its importance within a stable and loving relationship. We promote equality of gender and sexuality, while acknowledging differences of opinion, in an atmosphere of tolerant discussion. Recognising the physical and emotional changes through puberty and adolescence we aim to show students how to foster and maintain good relationships, often in the face of pressure from the media, internet, and peer pressure, through critical decision-making. It is important that students understand that actions have consequences and that emotions must be managed, as well as how to recognise abuse and exploitation. They should be encouraged to develop their own values and attitudes towards sex, sexuality and relationships and to respect and empathise with those of others. Furthermore, they must recognise that sexual intimacy involves strong emotional feelings and they must have regard not only for their own, but other people's feelings, decisions, rights and bodies.

We have dedicated PSHE lessons with form tutors who specialise in the topics they deliver the vast majority of RSE on a carousel programme to the pupils; we also invite external speakers with expertise in sexual health and online safety to speak to the students in an age-appropriate manner. Parents have a legal right to view this policy, and to withdraw their son from sex education lessons which fall outside those aspects covered in the National Curriculum Science if they wish. In such cases the school will seek and take account of parental views, and endeavour to adopt a partnership approach with parents by encouraging dialogue between parents and their son.

Parents receive a letter (see below) outlining the RSE purpose and programme, they are asked if they would like more information and they consent to their child receiving the lessons. Within that letter they are invited to an information event where the programme of study is shared and questions are taken. Parents are asked about the programme and this informs our policy making and may fine tune the delivery of material.

If any parent wishes to withdraw their child from sex education lessons they should inform the Headmaster in writing and will be invited into school for a meeting to ensure that the family are aware of the way the School teaches and the information it covers in the sex education

programme. Parents will be asked about providing appropriate, purposeful education through the period of withdrawal. Whilst the child is absent from the lessons the school must provide appropriate and purposeful other education during those sessions. The School implements the statutory requirements of the child being able to attend the sex education tuition in the three terms before their 16 birthday even if the parents have withdrawn their child.

Appendices

1 Letter to all parents sent in May

Dear Parents and Guardians,

From September 2020 it became statutory for secondary schools to educate pupils in Relationships, Sex Education (RSE) and Health Education. .

The topics we cover are shown below and the information is delivered by tutors for the Relationships and Health aspects of the programme. Outside agencies who know the boys and LGS very well assist with the delivery of the Sex Education. Indeed, when surveyed the boys rated this part of their Personal, Social and Health Education (PSHE) as one of the best aspects of the whole course. We feel very fortunate to have this expert help which the boys seem to find a helpful way to learn about this sensitive topic.

The topics we cover throughout Key Stages 3, 4 and 5 (years 7-13) include:

Heathy relationships, including friendships and intimate relationships; families; growing and changing, including puberty; personal hygiene; changing feelings; becoming more independent; keeping safe and consent; developing self-esteem and confidence.

If you are interested in attending an evening presentation on (insert date) about the programmes we deliver please indicate in the box below and we will organise an event appropriate to the interest.

Name of son..... Form.....
Name of Parent

If you have any concerns about the RSE programme please look at the school policy on the website and the following statutory guidelines

[https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships Education Relationships and Sex Education RSE and Health Education.pdf](https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/805781/Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education.pdf)

If there are any remaining queries please contact school and speak to either **Dr Claire Livingstone** or **Mr R. Ward (Coordinators of the RSE programme)**.

Yours sincerely

Helen Foster