

Uniform and Equipment List for Years 7-11

Uniform

Compulsory Items

Grey blazer

[The school blazer must be worn on the journey to and from school]

Grey skirt or trousers

[The skirt should be regulation and no shorter than knee length at the start of the autumn term]

Red and white striped blouse (long or short sleeved)

Navy blue jumper with school logo

Black tights*

Plain black leather shoes

[Boots or trainers cannot be worn. Shoes must support the whole foot and the heels should be no more than 4cm.]

White chef's jacket for Food and Nutrition

[from year 9 upwards this is only required if your daughter studies Food and Nutrition]

Optional Items

Plain black or dark navy coat*

[Coats are optional and should not have any logo. They should be in addition to, not replace, the school blazer]

School fleece scarf or plain black or navy scarf* Black or

navy gloves*

Ankle socks* may be worn as an alternative to tights

[Socks, if worn, must be plain black or white ankle socks. Knee length socks are not allowed.]

Physical Education Uniform

Compulsory Items

Games shirt

Skort

Red PE top

Games socks

White sports socks*

Eco mid-layer

Eco training pants or Eco leggings

Sports Trainers*

Shin pads*

Sports bra*

Mouth guard*

Sports bag

Plain navy blue/black swimming costume* (Year 7 pupils)

Swimming hat* (Year 7 pupils)

Optional Items

Navy shorts for PE

Weather layer jacket (recommended for team players)

Bobble hat

Navy long sleeved base layer

Hockey Glove*

Hockey stick and bag*

Tennis racket* (recommend purchasing own if in team)

Studded boots (moulded/plastic studs)

Other Equipment

NB In Year 9 and above Food and Art are optional subjects and food baskets and art equipment are only required by pupils studying those subjects.

All pupils, subject to the above, require the following:

Bags for transporting homework and PE kit and a basket for food and nutrition.

[Bags and food baskets are available from the school shop but need not necessarily be purchased there.]

We recommend a sturdy, ruck sack style bag for books.

Pencil case containing a fountain pen or rollerball, pencils, pencil sharpener, rubber, ruler, protractor (preferably 360°), pair of compasses, coloured pencils or felt-tip pens, small pair of paper scissors and a glue stick. Correction fluid e.g. Tippex must not be brought to school

A padlock for their form room locker.

(locks of the correct size for the lockers are available in the LSF Uniform Shop but may be purchased elsewhere.)

Art Equipment in Years 7 and 8

An HB pencil

A pack of coloured pencils

A simple white eraser and pencil sharpener 30

cm long ruler

A pair of paper scissors A

glue stick

Drama in Years 7 to 11

Black long sleeved t-shirt

Black leggings

Black pumps

Notes about Uniform

All uniform must be regulation and, unless otherwise stated, is only obtainable from the Loughborough Schools Foundation shop or the LHS nearly new shop. Items which may be purchased elsewhere are marked with an asterisk (*).

The shop may be found at: <https://lsf.org/shop/> 01509 232600 or lsfshop@lsf.org.

A single, discreet neck chain is permitted. Pupils with pierced ears are permitted to wear up to 2 **small, simple** ear studs or sleepers (not more than 1cm in diameter) in each ear. Other facial piercings are not permitted. As all piercings have to be removed for PE (no taping is allowed), it is important that earrings can be removed in time for the first PE or Games session of the year.

Hair accessories should be either school colours (black, brown, grey, navy blue, purple or red) or natural hair colour and not ostentatious.

For those who choose to wear a hijab, this must be black, grey or navy.

It is not unusual for pupils to experiment with hair colour. However, if hair is deemed to be a conspicuous or unnatural shade your daughter will be asked to rectify this.

Pupils should not wear false nails (this includes acrylic or gel) and nail varnish is only permitted in Sixth form.

Subtle make up may be worn. If make up is deemed to be too heavy, pupils will be asked to remove it. Trainers for PE should have laces, proper heel support and good grip.

All uniform and other property must be marked clearly with the owner's name. We accept no responsibility for the loss of any items.

LHS Sixth Form Dress Code 2025/26

Day to Day

There is a professional dress code for our learners, which has been designed to reflect the values of hard work and professionalism we instil in all our students.

Students must wear the School suit consisting of a jacket and skirt (to be purchased from the LSF School Uniform Shop or the PA nearly new shop) or smart, black, business-like trousers in a material to match the suit jacket. This can be worn with a top of your own choice and personalised with discreet jewellery. A common sense approach to suitable attire is encouraged.

Skirts should be regulation and must not be shortened.

A few guidelines:

- All tops should be smart, modest and long enough to be tucked in to the top of the skirt or trousers; bare midriffs are not allowed.
- Excessive writing, pictures and/or logos should not feature on any tops.
- Footwear should be smart and sensible: there should be no trainers, sliders, high heels or boots.
- Coats, if worn, should be in a dark colour and in keeping with business attire. No excessive logos are allowed.
- It is not unusual for pupils to experiment with hair colour. However, if hair is deemed to be a conspicuous or unnatural shade your daughter will be asked to rectify this.
- Subtle jewellery is permitted (for example 1 ring, 1 bracelet, 1 necklace) Pupils with pierced ears are permitted to wear up to 2 **small, simple** ear studs or sleepers (not more than 1cm in diameter) in each ear. Other facial piercings are not permitted. All piercings have to be removed for Health and Wellbeing.
- Simple, smart, professional looking nail varnish is permitted. Nails should not be excessively long.
- Denim, shorts, low-cut tops, sweatshirts, leggings and sportswear are not appropriate.

Health and Wellbeing and Sports Kits

For the weekly Health and Wellbeing sessions students will need a minimum of the red LSF PE top, Eco mid-layer and Eco training pants or Eco leggings all from the school shop.

Students participating in competitive matches may need specific games kit similar to that described in the compulsory PE uniform items for years 7-11 above. Further details available from the PE Department.

It is a health and safety requirement that students remove any jewellery and earrings to participate in any Health and Wellbeing activity, whether it is for a contact sport or not. It is important that earrings are able to be removed in time for the first H+W session of the year.