



LOUGHBOROUGH
Schools Sport

Sports

NEWS

JUNE 2023



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LOUGHBOROUGH
Schools Sport

As we come to the end of term, it is the perfect time to reflect on what has been a wonderful year in sport for all of our pupils across the Foundation. I have been thrilled to see how many pupils have represented our school teams, and the pride and passion that they demonstrate wearing their school crest.

From National Finals in girls hockey to Friday night rugby matches; Year 7 House cricket to Year 3 year group fixtures and everything in between; the year in sport has been, as always varied, exciting and inclusive.

I owe a huge amount of thanks to all the heads of sport and sports teachers who support our pupil athletes to give them the opportunity to enjoy the wide variety of activities on offer. We are also so grateful to our supporters on the side-lines, for cheering on our team and individual sports. We hope that you all continue to enjoy a summer of sport and activity, and we look forward to returning to the Autumn term sports in September.



Jo Hackett
Director of Sport,
Loughborough Schools Foundation

@LsfSport



SPORT REPORTS

Athletics Report

It has been great to see so many pupils attending our after-school training sessions at Quorn where they have been working hard to improve their skills and techniques, across a range of athletics disciplines. For the first time this year, the girls have competed in some mixed events at Oakham School Relays Competitions and the King Edward School Open Meet with the boys and girls from the across the Foundation.

The girls also competed at the area athletics which was hosted by the Foundation at Quorn Playing Fields, and there were some excellent performances throughout both evenings.

It's been a very busy athletics term at the Grammar School, with two area championships taking place at Quorn. The juniors and seniors competed on separate nights against local schools in a variety of track and field events. The boys also competed in two invitational athletics matches, hosted by Nottingham High School and Warwick School.

We would like to congratulate the following boys for their amazing achievements; Alexander C for long jump



There were however some particularly standout performances:

- Anna P (Year 7) 1st 200m
- Cara T (Year 7) 1st High Jump
- Isla F (Year 7) 1st Discus
- Ayesha G (Year 7) 1st Javelin
- Hermione H (Year 9) 1st Shot



and Anthony C in the 100m. Both have been selected for the English Schools Athletics championships, taking place over the summer.

This is Anthony's second appearance this year at a National finals following UK Sportshall Athletics National Finals in April 2023, where he won bronze in the 2 lap relay. Last year Anthony appeared at both the English Schools, 200m, and the England Athletics Championships, 200m.

During this athletics season, pupils from Amherst have demonstrated incredible sporting performances. The Midlands Independent Schools Association (ISA) senior team had amazing success at Saffron Lane with three pupils and the Year 7 relay team progressing to the National Finals at the Commonwealth stadium in Birmingham.

Lauren P gained a personal best of 1.37m to secure second place in the Inter girls high jump, Louis J ran a strong 100m to secure bronze for Year 7 boys and Chris B jumped 4.21m to gain 4th place. The Year 7 boys relay team, Chris B, Louis J and Henry W ran an impressive race and gained bronze.

At a local level Amherst entered both the primary and senior area athletics and had similar successes with the following all winning medals:

- Lauren P
- Chris B
- Louis J
- Henry W
- Eric U
- Conn B
- Eva H
- Minnie M
- Tilly B
- Skye W

A special mention also goes to Kieran J who is officially the UK No.1 U13 boy in the 800m with his time of 2.11m.

Well done boys!

SPORT REPORTS

Boys Cricket

Mr Alex Aldred
Foundation Head of Boys Cricket

With a busy, and for the most part sunny summer term coming to a close, we've had all year groups playing cricket every week, most of them with a lot of success.

A particular highlight being the Solihull 6 a-side tournament held for the **U15s, U14s, U13s and U12s**. This is an exciting week for the boys involved and an overall very successful week with our **U13s and U12s** making the semi-finals of their respective tournaments, and our **U14s**, for the first time in Loughborough Grammar School history, crowned winners of the tournament.

They topped the group stages in a tough group winning three out of three. The boys then beat Royal Grammar School Worcester by six runs to face the hosts, Solihull, in the final, during which they cruised to an 11-run victory.

Under 14 Winning Solihull 6s team

After the successes of the Solihull 6s competition, we played Gartree School at LGS. We batted first and after a magnificent 100 not out from Zac S, we



Under 14 Winning Solihull 6s team

ended on 181 in 20 overs. The bowling unit were fantastic. Bowling Gartree out for just 65. In the final they faced Uppingham School. Unfortunately, we couldn't get enough runs on the board and Uppingham knocked off the runs with 3 overs to spare. A very good cup run for the **U14s** in both the Solihull 6s and the Team Leicestershire cup.

The **U15s** were narrowly beaten in the Team Leicestershire T20 final by Uppingham but had a very successful run in the competition, led by Mr Ferraby.

The **U12** team are battling it out to be crowned Team Leicestershire under 12 champions. Having beat Oakham in the **quarter-final** they now face our local

rivals Ratcliffe College in the semi-finals, hoping to make it all the way to the final.

Having made the finals of the Team Leicestershire **U12s** T20 competition after beating Ratcliffe College, Soar Valley were the visitors to Quorn. After their good run in the Solihull 6 a-side tournament, their confidence was sky high. They batted first on a green seamer in overcast conditions, conditions were against them. We set a very competitive 131-6 off 20 overs. Our bowlers were good, leaving Soar Valley 80-9 off their 20 overs meaning they were T20 Leicestershire champions, topping off a very successful season under Mr Parton. The penultimate week of the school year sees our 1XI playing the annual matches against the Marylebone Cricket Club, the Old Loughburians Cricket Club and the two-day fixture against Manchester Grammar School.

In the last week of the of the school year, our 1XI squad will be heading to Holland on their cricket tour where they will be playing matches against local sides, including a game against Holland **U17s**.

This will hopefully be a great end to a successful year for LGS cricket and something to build on for the years to come.

A farewell to our **Year 13s** that will be leaving us after the Holland trip; they have been great role models to the younger boys and fantastic ambassadors for the School.



SPORT REPORTS

Girls Cricket

Miss Alice Quemby
Foundation Head of Girls Cricket

The year got off to a positive start when Loughborough High School were once again named as one of the top 20 all girls schools for cricket in The **Cricketer Schools Guide 2023**. This was a very honourable moment for us and is testament to the hard work that the pupils have been putting in over the last few years.

The LSF Girls cricket programme continues to grow, and I believe this is one of our most successful years to date since we made the transition from our traditional rounders programme. All girls at key stages three, four and five are given the opportunity to develop their cricket skills during games sessions. Girls at key stage three also take part in inter-house cricket towards the end of term, where they can put everything they have learnt to good use and gain points for their Houses. This usually gets very competitive!

Our outdoor season has been the best we've had, with both hardball and softball matches taking place across a number of age groups.

Early in the season, our **U12s** demonstrated some superb cricket skills at a softball festival held by Nottingham High School where they were unbeaten the entire tournament! A fantastic display of bowling and batting from these girls!

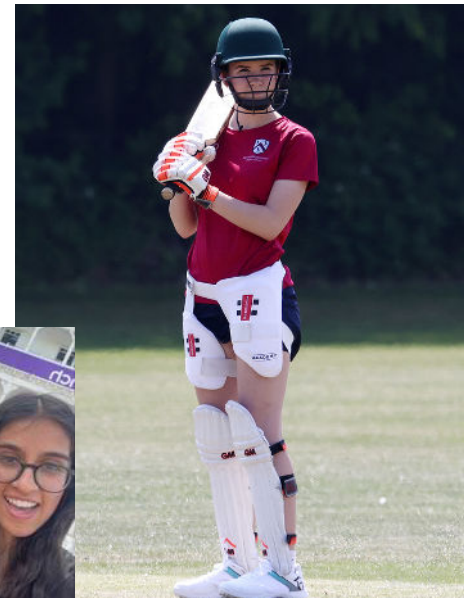
In the cup, after beating Leicester Grammar School and Ratcliffe College the girls played Crown Hills in the



Final. A really good, well rounded team performance resulted in a win and the girls were crowned Team Leicestershire County Champions! Our **13s** have performed consistently well this season and the standout fixture was against Stamford High School. For many of the girls, this was their first hardball game for the School and some their first hardball game ever! We played with confidence which resulted in a convincing win - well done girls! In the cup, after beating Leicester Grammar and Ratcliffe College, the girls will be playing in the U13 Team Leicestershire County Finals.

Our **U14s** have made huge progress with transitioning into hardball cricket this summer. The standout performance was once again against Stamford High School where our girls showed some great individual bowling performances but also incredible teamwork when batting and fielding. The result ended with a win and a huge confidence boost for the girls!

We have a number of girls playing cricket for clubs outside of school, some for their county and some even for the East Midlands team The Blaze. In the spotlight this term has been Year 11 pupil, Prisha Thanawala and Year 12 pupil, Olivia Baker who both are current members of The Blaze Academy Team. During the recent Womens Ashes series, they were invited to attend warm up sessions for both international teams.



Indoor Cricket

The introduction of indoor cricket to our co-curricular programme during the winter months has not only helped so many of the girls to improve their technique and tactical awareness but has also created an amazing buzz for the game! Over 60 girls attended the clubs, developing their skills and confidence ready for the summer season.

Our **U15s** were county runners up in the Indoor Competition and we were once again successful in reaching the Indoor Cricket Regional Finals in Cambridge this year, with our **U13s** who were county champions representing Leicestershire against some tough opposition.

Another addition to our girls cricket programme this year has been a regular indoor nets session which we started after February half-term in the lead up to the outdoor season. This was available to all those interested, and we had a fantastic turn out of girls with a diverse range of experience; some who had never played hardball cricket before!

It has been fantastic to see so many girls regularly coming to cricket club after school and seeing the progress they have made. Our partnership with local cricket club, Loughborough Town, has allowed us to really stretch our training offer this year. We have been able to deliver both hardball and softball opportunities at a level that the girls are comfortable with.

SPORT REPORTS

Tennis

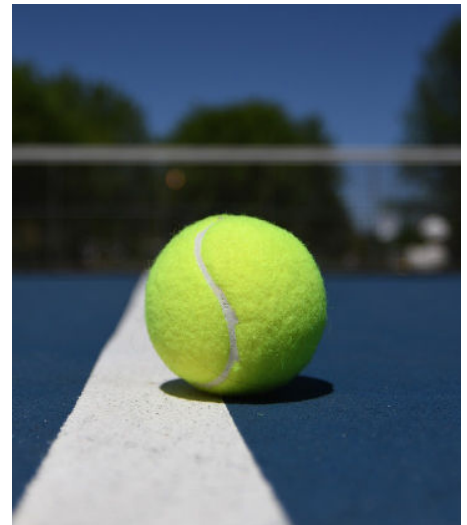
Mr Edd Whetton
Foundation Head of Tennis

This summer we've had three teams of girls and two teams of boys compete in the Leicestershire tennis leagues. Four of these teams competed in the top division, and one of the girls' teams played in division two.

It has been a good learning experience for everyone, and each player improved from the first fixture to the last. Every player has been a huge credit to the Foundation, showing great sportsmanship and being so positive to their teammates.

The senior boys made it through the first round of the Glanville Cup beating Lincoln Minster, with three out of four singles matches and one out of two doubles matches going to a third set. In the next round we lost out to a very strong Leicester Grammar team.

The aim of the tennis programme this term was to get more pupils playing tennis and we have achieved that goal with 110 pupils involved. I'm looking forward to building on this and will start by keeping some tennis sessions going through the Autumn term before pushing on in the Spring and Summer terms.



Swimming and Triathlon

Mr Chris Perham
Foundation Head of Swimming and Triathlon

Pupils across the Foundation have competed at various swimming events this year including at the National Independent Schools Association (ISA) and Independent Association of Prep Schools (IAPS) championships. The Loughborough Grammar School team attended a national event in the London aquatics centre whilst Fairfield Prep School took a team to the World

school games. Overall, it has been a year full of personal best times with some swimmers even making championship finals.

Loughborough High School has had an increase in the number of girls joining the swim club and also swimming for the Foundation at events, whilst all of Year 7 girls have had swimming in their PE lessons.

We've had another successful year with Triathlon as the club has increased in numbers and has more training sessions on offer. This has been a great benefit to many with improved swim times over the regular time trials.

We took a team to the National IAPS and ISA events and many of our pupils are racing within the county outside of school in the East Midlands triathlon series. A few of our top triathletes have also started to have extra training sessions as part of the Loughborough Triathlon Academy.



SPORT REPORTS

Gymnastics

Mrs Sam Davey
Foundation Head of Dance and
Gymnastics

Gymnastics was offered as a co-curricular club for all schools across the Foundation for the first time this year.

After eight successful years running a club for our Fairfield Prep pupils, our external coach Rob, and staff member Mrs Davey, Head of Dance and Gymnastics, extended the offer to Prep children at Loughborough Amherst School, as well as senior pupils at both Amherst and Loughborough High School.

With participation in sport and physical activity highly encouraged across the Foundation, both Rob and Mrs Davey were extremely pleased that so many pupils have shown an interest in participating in this club. Gymnastics teaches many fundamental movements for children and can have several physical literacy benefits which can transfer into other sports or just everyday movements.

Having competed himself at a high level in gymnastics, Rob's inclusive sessions focus on improving core gymnastic movements, whilst also developing our pupils' physical attributes and self-confidence.

Coach Rod said: "One of the highlights of coaching for me is seeing children overcome their fears and self-doubt. When a child achieves a new skill or a movement which they thought they couldn't do, it makes me realise why I do what I do. Seeing children improve their self-confidence and leave the club with a smile on their face is the reason I run these clubs, and I hope to continue doing so for many years."

Gymnastics club will continue next academic year in the hope that we can continue to grow and develop our gymnastics provision with more displays and competitions!

Please contact Mrs Davey for more details: s.davey@lsf.org



Futsal

Mr Daniel Kulk
Head of Futsal

Whilst there's not a lot of football played during the Summer term, there was an exception last week at the Leicestershire futsal finals which were held at Crown Hills school. These finals were carried over from the Autumn term as the girls qualified at a local tournament winning the final in a penalty shoot out against Charnwood College.

Nine girls represented Loughborough High School in a magnificent performance, winning their group and qualifying for the semi-finals. Catmose College unfortunately proved slightly too strong, and in a very competitive game, the LHS girls went down 2-0.

During the 3rd and 4th playoff, Wreake Valley proved a worthy opponent. In a pulsating game, the scores ended 1-1 with the woodwork being on the opposition's side. We hit it three times! It was decided to share 3rd place afterwards.

The standard of football, particularly during the semi-finals was absolutely superb. I strongly encourage, not just these nine girls, but also many other Year 7 girls to continue taking advantage of the football opportunities offered at the High school. We have some real talent at the School and we're only going to get better!





SPORT REPORTS

Rugby

Mr Emyr Lewis
Foundation Head of Rugby

The rugby players have had a well-earned break whilst taking the opportunity to play the summer sports the Foundation has to offer. However, our Year 10s have been introduced to the Player Pathway Programme and are well underway with their preparations in the gym and swimming pool, as well as touch rugby after school on Wednesday evenings.

They Year 12s have been training during their activities session on a Thursday afternoon in preparation for their pre-season camp in Portugal, where they are very much looking forward to some warm weather training in some world-class facilities, as well as some team bonding ahead of another exciting season.

Look after yourselves over the summer break boys; keep fit and looking forward to another strong season.

On another note, we are celebrating 100 years of rugby this coming season and will be celebrating with a series of events.

The first of which will be our home game against Trent College on the 16 September. The 15:00 kick off will allow all the junior teams to come along and support the 1XV in what will be a very exciting and tough encounter.



Five boys from Year 12 have been selected for the U18 Leicestershire County Rugby Programme for the 2023/24 season. A huge well done to Dan B, Ed M, Harry S, Oli W and Joe W. This is evidence of a great effort for a fabulous group of boys who are fantastic ambassadors for LGS rugby.



SPORT REPORTS

Prep Sports News

Fairfield

Mr Adam Houlst
Head of PE, Fairfield

This has been an incredible term for the children of the upper prep here at Fairfield. Every child has had the chance to represent the School in a sporting fixture, and some have gone on to represent Fairfield at county, regional and national levels. It is fantastic to see our children thriving in their sport and for those leaving us in Year 6, we look forward to observing your sporting journeys.

Girls cricket has gone from strength to strength with the introduction of additional hardball training sessions and entry into some prestigious prep school competitions. The girls performed incredibly well at the recent Independent Association of Prep Schools (IAPS) festival by securing two wins and a narrow last ball loss.

Every child in Years 4, 5 and 6 has enjoyed learning the game and putting this to the test during regular games sessions, interhouse events and whole year group fixtures. Most recently, we had over 60 girls playing a block fixture against Warwick Prep School, Repton Prep and Ratcliffe College. We are so proud of the progress that our girls have made, and we look forward to seeing them progress next year.

Boys cricket has been incredibly popular again this year, with close to 40 boys attending regular hardball cricket sessions in addition to games lessons. The boys have also enjoyed the opportunity to play whole year group fixtures and again, every boy in Years 4, 5 and 6 has had the chance to represent the school.

In the recent IAPS festival at Oundle School, the boys competed brilliantly and suffered a final ball loss to the eventual winners of the festival. The boys did bounce back well by winning the inaugural Denstone College U11 festival and the recent County Cup.

Our athletes have also continued to perform fantastically well during the east area championships hosted in



Bedford and Cambridge. Congratulations to the whole team and especially the following medallists:

Mila W - Silver Medal - 100m - National Schools Qualification

Will L - Bronze Medal - Long Jump

Sebastian B - Silver Medal - Cricket Ball Throw

Rose N - Gold Medal - Long Jump / Gold Medal - 100m

Simi I - Silver Medal - Long Jump/ Gold Medal - 100m

Kiean P - Bronze Medal - High Jump

Taher M - Silver Medal - 200m



SPORT REPORTS

Prep Sports News

Fairfield

Mr Adam Hoults
Head of PE, Fairfield

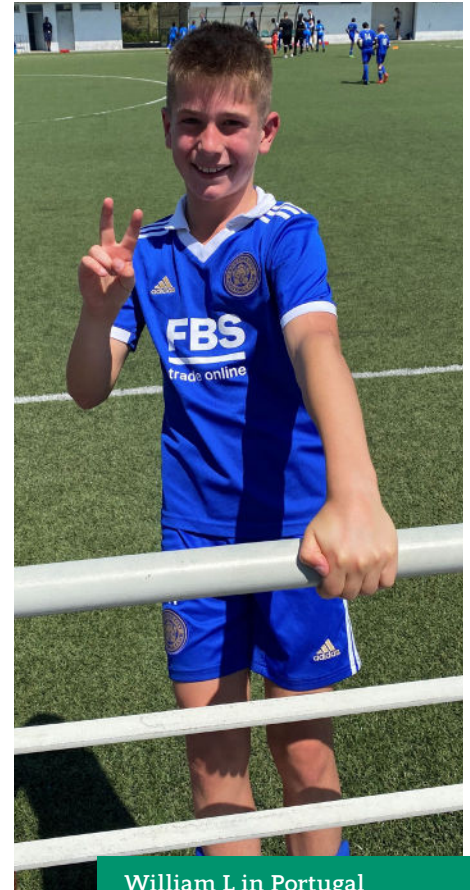
We entered the World School Games swim championships for the first time this term which was hosted at The London Aquatics Centre. Our children did not disappoint; they loved swimming in the Olympic pool and put in lots of personal best performances. Congratulations to the children who represented the school so brilliantly and who have already started to work hard in preparation for next year.

Year 6 pupil, **William L** recently represented Leicester **U11s** in a tournament in Portugal. Playing against the likes of Benfica, Porto and Sporting Lisbon was an experience he will not forget in a hurry! The team did extremely well, making the final, but lost on penalties 5-4. William loved the tournament and he now moves onto the **U12s** next season where he hopes to carry on the momentum from playing on the tour.

The House Sport Cup has continued to inspire the children of the upper prep this year. After 30 events, the scores were incredibly close going into the final sports day of the year where of course, points were doubled. This year's sports day was fiercely contested and as always, went down to the final relays of the day. Congratulations to the Romans for winning the upper prep sports day! The final congratulations go to The Saxons who are crowned House Sport Champions for the second year in a row.

More important than any tournament win or trophy, is the sheer joy and delight we see when our children represent the School. It is wonderful to be able to provide so many opportunities for our children and we hope that, with each experience, they can build their resilience, togetherness and determination to improve.

We look forward to doing it all over again.



William L in Portugal



SPORTS DAYS

Amherst Sports Days

Mrs Emma Hopper
Head of PE, Amherst

The Pioneers and Pre-Prep were very happy to walk the plank as sports afternoon took on a pirate theme. All children left with smiles on their faces with Amherst inclusive Minerva races and a carousel of activities designed and lead by the Sixth Form students.

The races saw the younger year groups dress up as pirates, claim pirate islands and throw a cannon ball to the pirates in a barrel. The activities tested their ABC of movement taught in lessons with balancing on a plank, throwing into hoops, traveling up and over gymnastics obstacles and aiming water cannons to knock over sea creatures.

All children left with a medal and the takeaway message that whilst it is great to win, doing your best and enjoying activity is just as important.

Amherst sports day 2023 showed the



balance of Amherst spirit and fun with the highly competitive nature of our more able athletes. The Captain Jessica S started the day with the senior sports recreating an Olympic style fun entrance to the Quorn grounds. This brought to life the atmosphere which was maintained to the last event of the House relays.

The pupils took to the track and field to all run a sprint and long-distance race, with the Preparatory pupils showing amazing resilience crossing the line by all running the distance and the Year 12 pupils taking a different more fun run approach. There were school records broken in the field events as the pupils threw and jumped with amazing performances.

The annual tug of war was a much-anticipated competition, with fierce determination by all which left many athletes and staff sore the following day.



By pupil request the sport this year was a House rounders competition, where the pupils showed the transfer of cricket fielding skills into the traditional favourite.

The final results saw Agnes take the win for the second year running and Peter House winning the house spirit award.



SPORTS DAYS

Loughborough Grammar School Sports Day

Mrs Rachel Lewis
Head of PE, Loughborough Grammar School

The Grammar School boasted a wonderful sports day on a beautiful summer afternoon at Quorn.

The hype began as the House Masters arrived and checked off their teams ready to begin the big event which began with the House cricket for Years 8-10 and then moved onto the athletics events in the afternoon.

There was an array of field events, which included shot putt, discus, javelin, long jump, triple jump and high jump. Each year group competed against other houses for those all-important house points, with every centimetre counting!

The track events were very close and began with the 1500m races, with the boys running with such strength

and determination. The hurdles and sprints were next which brought such excitement with the close finishes.

The staff relays were a highlight, with the Graduate Sports Assistant team winning by quite some way. The boys continued to work hard for their Houses in the heat and completed all track and field events, finishing on the House relays.

The boys ran the relays with gusto, with the points allocation for relays being higher than the other events.

It was lovely to see so many Grammar School staff helping with the events and supporting the boys with some helpful tips. The Parents' Association were tremendous and helped support the boys by selling ice cream, snacks and Pimms.

The event was kindly supported by so many parents, grandparents, aunts, uncles and siblings, who all sat on the bank in the sunshine supporting their Houses. Overall it was a fantastic event and we would like to thank everyone who came along to support.

The House results were as follows:

1st - Pulteney

2nd - Davys

3rd - Abney

4th - Yates



Victor Ludorum: Year 7

Kieran J - Gold Medal - 200m
Gold Medal - 1500, Gold Medal - Long Jump

Victor Ludorum: Year 8

Darell Y - Gold Medal - 200m
Gold Medal - Javelin, Silver Medal - Long Jump

Oliver S - Gold Medal - 400m
Gold Medal - 800m, Silver Medal - Javelin

Victor Ludorum: Year 9

Cimurs A - Gold Medal - 200m
Gold Medal - Long Jump, Gold Medal - Triple Jump

Charlie W - Gold Medal - Hurdles
Gold Medal - Shot, Gold Medal - Discus

Victor Ludorum: Year 10

Seb B - Gold Medal - Hurdles
Gold Medal - Triple Jump, Gold Medal - High Jump

Victor Ludorum: Seniors

Ruaidhri M - Gold Medal - 800m
Gold Medal - 1500m, Gold Medal - Long Jump



SPORTS DAYS

Loughborough High School Sports Day

Miss Nic Atwood
Head of PE, Loughborough High School

Where else would you find a banana in a staff verses students relay, multiple dinosaurs in an egg and spoon race and Luigi in a sack race? The answer to this, is of course, a Loughborough High School Sports Day!

Last week saw our annual whole school Sports Day hosted at Quorn Playing Fields. As per tradition, the whole school travelled in style via the Great Central Railway, adorned with an array of House coloured face paint, accessories and fancy dress!

Throughout the day students took part in a combination of more traditional events in track and field such as; javelin, high jump and 100m, as well as events such as orienteering, tug of war and the egg and spoon race.

The whole day culminated in a staff

tug of war and a staff verses prefect relay, with Burton staff team taking the Gold in both events! It was very close though with Burton House, stealing 1st place from Hastings House by a matter of millimetres ; a photo finish saw Mr Lewis dip over the line first!

The atmosphere throughout the day was incredible, and there was a real buzz of excitement from students, staff, and spectators. Aside from the sporting events, there were a number of charity stalls and a wonderful BBQ lunch, all of which helped to create a wonderfully brilliant and bonkers atmosphere, enjoyed by all!

We were lucky enough to be joined on the day by our very own Etty Sisson (GB Athletics) who presented our award winners with their trophies. The final results were:

1st place – Hastings (822 points)

2nd place – Burton (821 points)

3rd place – Fearon (816 points)

4th place – Storer (787 points)

Special mention to Hermione in Year 9 of Storer House who broke the school record in the shot putt with a throw of 10.50m, as well as the following students who were awarded trophies for outstanding performances on the day:

Polly – Year 8

Cherelle – Year 10

Fifi – Year 7

Elena – Year 10

Eva – Year 10

Anna – Year 7

Sophie – Year 9

Amber – Year 7

Annabel – Year 9





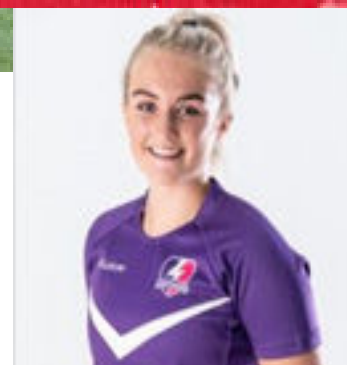
STAFF NEWS

It is that time of year again when we sadly have to say goodbye to some of our coaching staff.

Mr Ollie Dunn and Mr Daniel Cooper will both be returning to their respective universities to complete the third year of their degrees. We hope to see them both on occasion next year as they return to support some of our teams. We also say goodbye to Miss Anna Gabbitas who is nearing the completion of her Masters, and is travelling to America to continue her studies as well as playing hockey for the coming academic year.

This is the perfect opportunity to congratulate our Head of Netball, Miss Ella Clark, as well as this year's coaches; Miss Rhea Dixon, Miss Alice Harvey and Miss Nat Panagarry, on the superb win for the Loughborough Lightening Netball team, who were crowned the 2023 Netball Super League Champions!

Miss Hannah Robb, has also had a superb season following her latest success representing Team GB at the Women's Euro Basket Competition in Israel and Slovenia. She played a key role in the side playing in all group games against Slovenia, France and Germany. The team finished 10th overall in the competition.



We also congratulate Miss Jess Weaver who will stay with us at the Foundation for the next academic year. Miss Weaver has been selected to represent Team GB at the Rugby Europe Tournament in Hamburg playing women's rugby 7s.

Miss Megan Davey who joins the Foundation as an apprentice PE teacher in September, has also just received a call up from the Welsh RFU to attend a senior womens training camp.

For lots more sports news,
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