

LGS Sports Extra Curricular Timetable September – December 2023

Day	Breakfast Club 7.45-8.15	Location	Lunchtime 1.10-1.40	Location	After School 4-5.15	Location
Monday	Parkin Gym	Parkin	Gym Years 10, 11, 12 &13 Parkin Gym Badminton Years 9&10	LGS Gym Parkin Gym 1-2pm LGS Sports Hall	Gym Years 10&11 Hockey Year 7 Parkin Gym 4-5pm *Kung Fu Rugby Years 8 & Seniors Basketball Years 12 & 13	LGS Gym LGS Astro Parkin Gym Dance Studio LGS Field LGS Sports Hall
Tuesday	Parkin Gym Rugby swimming invite only	Parkin Gym Pool	Years 10,11,12 &13 Gym Parkin Gym Year 7 Football Years 7&8 Badminton	LGS Gym Parkin Gym 1-2pm LGS Sports Hall Parkin Sports Hall	*Triathlon Swimming (Years 7-13) LGS Swimming (Years 6-13) Gym Years 12&13 Hockey Years 9 & 10 Parkin Gym 4-6pm *Kung Fu 4-5.30 Rugby Years 11 and 7 Basketball Year 8 Cross Country Club all years	Pool Pool LGS Gym LGS Astro Parkin Gym Dance Studio LGS Field LGS Sports Hall LGS Field
Wednesday	Parkin Gym	Parkin	Year 7 Cricket Parkin Gym Laser shooting Years 7,8,9&10 Tennis skills	LGS Sports Hall Parkin Gym 1-2pm Squash courts Tennis Courts	LGS Swimming Year 12 & 11 Gym Parkin Gym 4-6pm *Kung Fu 4-5.15 Hockey Seniors Rugby Year 10 Basketball Year 9 & 10 Badminton Years 9&10 – until Oct half term Orienteering Club All years	Pool LGS Gym Parkin Gym Dance Studio LGS Astro LGS Field LGS Sports Hall Parkin Sports Hall LGS Field
Thursday	Parkin Gym Rugby – gym, invite only	Parkin Gym LGS gym	Years 10, 11, 12 &13 Gym Parkin Gym	LGS Gym Parkin Gym	*Year 6 Triathlon Swimming Hockey Year 8 Orienteering Year 6-13 Gymnastics Club*Year 7-11 Parkin Gym 4-6pm LGS Gym 10&13 Squash Club Years 6&7 Rugby Years 9 & seniors Basketball Year 11	Pool LGS Astro LGS Field Parkin Sports Hall Parkin Gym LGS Gym Squash courts LGS Field LGS Sports Hall
Friday	*Triathlon Swimming (Years 7-13) Boys Team Badminton invite only	Pool LGS Sports Hall	Years 10,11,12 & 13 Gym Parkin Gym Badminton Years 11,12&13	LGS Gym Parkin Gym 1-2pm LGS Sports Hall	Basketball Year 7 *Pentathlon and Fencing Club Parkin Gym 4-5pm Hockey Year 6 Basketball Year 7 Badminton Years 7&8 – until Oct half term.	LGS Sports Hall Parkin Dance Studio Parkin Gym LHS Astro LGS Sports Hall Parkin Sports Hall

