

Food Science and Nutrition

What is the exam board and route?

Level 3 Food Science and Nutrition
WJEC

Subject Entry Requirements: Grade 6 in GCSE English and GCSE Mathematics required. Please note, as this subject is taught at LHS GCSE grades are required rather than advised.

1st year: Certificate award (equivalent to AS)

2nd year: Diploma award (equivalent to full A Level)

Subject outline

Food Science and Nutrition is a subject focusing on applied learning and application of contexts linked to the food production industry. The focus in Year 12 is on human nutrition and health, and in Year 13 on food science and safety.

How is the course assessed?

Year 12: 1 written paper, 90 mins (+ 15 mins reading time); 1 piece controlled assessment.

Year 13: 8 hour assessment done over 4 days (2-hour sessions); 1 piece controlled assessment.

Why study this subject?

Food Science and Nutrition complements many of the other subjects offered at LGS. We are one of only a few independent schools in the area to offer this course. Class sizes are small and learning is personalised. Practical work is frequent throughout both years and controlled assessment allows students to apply their knowledge practically as well as theoretically. You will get to use the high-quality kitchen facilities at LHS to complete practical work, and the teaching at LHS and LAS will allow you to mix with students from across the campus.

Complementary subjects

Biology, Chemistry, PE, Geography, Maths, Psychology, Business Studies

Possible careers

- Nutritionist or dietician
- Development chef
- Food scientist or technician
- Environmental health officer
- Agricultural engineer/agronomist
- Food marketer or buyer
- Food stylist or photographer

Subject enrichment available

- Food Clinic to help with any academic work
- Year 13 students are also able to assist with Year 7 Baking Club at LHS.

